



## Barbara Frost

February 16, 1952 - May 14, 2021

Barbara (Nagl) Frost died May 14, 2021 at the St Anthony Nursing Home of pancreatic cancer. She is survived by sisters Joan (Steve) Kanne of Carroll and Rosemary Nagl of Perkasio, Pennsylvania, sister-in-law Judy Nagl of Overland Park, Kansas, and many nieces and nephews. She was preceded in death by her parents Albert and Cecilia (Miller) and her brother John (Judy Rothmeyer).

Mass of the Christian Burial will be Celebrated at 1:30 p.m. on Wednesday, May 19, 2021 at St. John Paul II Parish – Holy Spirit Church with Fr. Timothy Johnson as the Celebrant. Music will be provided by Marcy Anderson and Kathleen Macke. Burial will follow in Mt. Olivet Cemetery in Carroll.

A visitation will be held from 12:30 p.m. until the time of the service on Wednesday at Holy Spirit Church.

Those attending Barbara's services are required to wear a face covering.

Memorial contributions may be donated to a charity of your choice in honor of Barb.

A recording of Barb's service is available at the following link: <https://youtu.be/RwnowZY9qxA>

Funeral arrangements are under the guidance of Sharp Funeral Home in Carroll, and online condolences may be left at [www.sharpfuneral.com](http://www.sharpfuneral.com).

Barb Frost was born in Carroll on February 16, 1952 to Albert "Abe" and Cecilia Nagl. She grew up in Carroll and graduated from Kuemper in 1970. She lived most of her life in Kansas City and worked as an underwriter for insurance companies. She returned to Carroll in 2008 and lived here the rest of her life. She was a great dog lover and had several dogs over the years, her last dog was Sassy a Havanese.

Barb had many interests and was an avid reader. For the last several years her primary interest was in the Catholic Church. She was active in the John Paul II parish, she was an Extraordinary Eucharistic Minister, participated and volunteered at parish events. She especially enjoyed the parish's Wednesday night (CCYN) dinners and was an active volunteer.

She was a big fan of the Kansas City Chiefs and was delighted with their recent Super Bowl win and exciting quarterback Patrick Mahomes. She also followed the Royals, often watching them on TV or listening on the radio. She followed the Hawkeyes. One of her favorite nights was Monday when she watched Monday Night Football. She enjoyed talking with her neighbors and friends, especially Class of 1970 classmates. Barb was curious about many things and had an opinion (strongly held) about many topics.

# Cemetery Details

## Mt. Olivet Cemetery

Carroll, IA 51401

# Previous Events

## Visitation

MAY 19. 12:30 PM - 1:30 PM (CT)

St. John Paul II Parish-Holy Spirit Church  
421 Bluff St E  
Carroll, IA 51401-3099  
(712) 792-9244

## Mass of the Christian Burial

MAY 19. 1:30 PM (CT)

St. John Paul II Parish-Holy Spirit Church  
421 Bluff St E  
Carroll, IA 51401-3099  
(712) 792-9244

# Tribute Wall

GK

“ *Rest In Peace old friend.*

**Gerry Kraus** - September 11, 2021 at 04:19 PM

RO

“ *I was so happy when we sisters and important others were together for four months! Time to work out all kinks of before, to see the foolishness in our hearts, to live a new way of being sister and sharing love in a family, which so many times went lacking. Thank you, Barb, for giving your life for us. Love for always, my dear sisters*

**Rosemary** - May 19, 2021 at 10:19 AM

JO

“ *Thank you for the love and the laughter, Auntie Barb. You will be missed!*

**John** - May 18, 2021 at 07:33 PM

JH

“ *Julie Heithoff lit a candle in memory of Barbara Frost*



**Julie Heithoff** - May 18, 2021 at 10:45 AM

TM

“ I always enjoyed Barb's sense of humor and quick wit in high school. As president of the KHS class of 1970, she had many friends and was a leader. Academically, she also was one of our top students, and probably gave a lot of teachers a bit of a challenge:) Rest is peace, dear classmate. We will raise a toast to you at our reunion this fall.

*Tam Moehn Milligan*

Tam Moehn Milligan - May 17, 2021 at 03:01 PM

MS

*I did Barb's hair for many years while she lived in Jo Cty Ks and she was a good friend always very generous with a 5 dollar tip. For my grandson.RIP Barb*

Marge Supplee - May 19, 2021 at 07:46 AM

MS

*I did Barb's hair for many years while she lived in Jo Cty Ks .Barb was very generous and always left a \$5 tip for my grandson Sean.May you R I P Barb.*

Marge Supplee - May 19, 2021 at 07:50 AM

MR

“ Our sympathy to Barb's family. Rest in heavenly peace.

Mike and Denise Riddle - May 17, 2021 at 12:51 PM

TF

“ The Bell Family purchased the Arrive in Style for the family of Barbara Frost.



The Bell Family - May 17, 2021 at 11:27 AM

LB

“ *Barb May you RIP!* 💜🙏



Linda Bluml - May 17, 2021 at 09:36 AM



“ *Simply Elegant Spathiphyllum was purchased for the family of Barbara Frost.*



May 16, 2021 at 10:01 PM



“ *Beautiful in Blue was purchased for the family of Barbara Frost.*



May 16, 2021 at 09:51 PM

KJ

“ *My sincere sympathy to Barb's Family...I first met Barb @ Holy Spirit Church as we were both parishoners there....She was a nice lady & had the love of God in her heart...May she rest in eternal peace....Stay Strong.....God is always there for you...Kristi Jorgensen....*



Kristi Jorgensen - May 16, 2021 at 11:46 AM

JD

“ *I fondly remember our very early years together. We had piano recital duets in elementary school, lessons with Sr. Ancile. Barb was very gifted at the piano. We would often walk each other home to a median point to part ways, although the path was usually in her favor! So sorry to hear of her passing.*  
*Jane (Schmitt) Dickinson*

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**jane dickinson** - May 15, 2021 at 10:18 PM

GM

“ *We have had soo many memories through high school, college and after just starting out in life, I could not even begin to tell the tales but we grew up a lot during that time.*  
*She will be missed, she is now at peace and no longer in pain.*  
*My condolences to all of the Nagl family.*  
*Grace Matthews*

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**Grace Matthews** - May 15, 2021 at 04:02 PM

JB

*Barb was like a sister to me and my siblings as she spent so much time at our home on Clark St. Beginning in the early 60's as swim teammates through the present, Barb's unflappable no nonsense presence brought out our adventurous if not questionable life experiences. I will always be grateful for the memories we shared. God speed sweetie...*

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**Jerry "Zitto" Bell** - May 16, 2021 at 11:08 AM

JE

*Barb was the matriarch ( I think that our parents used the term “ringleader”) of our ornery, adventurous neighborhood gang so she is squarely in the middle of so many fond memories. She was the patient, mature (by one year), listening ear to my junior high angst and a fixture at our kitchen breakfast nook on Saturdays (which happened to be Mom’s baking day). She inspired us in music, was a leader on the swim team and amazed us with her intelligence. We are blessed to have known her. We’ll miss you, Babs... rest easy now, dear one.*  
*Jacqui Bell-Essy*

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**Jacqui Essy** - May 17, 2021 at 11:16 AM